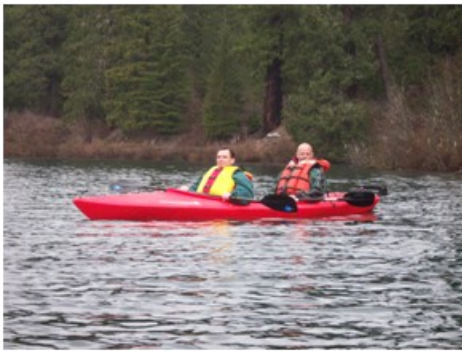


## What is a mentor?

- A coach, guide, advocate, friend, and role model who introduces their mentee to new opportunities that promote social and emotional growth, health and wellness, and constructive use of free time.
- A person who is consistent, persistent, and dependable, and helps their mentee see the full range of opportunities before them.



## Mentorship Activities

- Monthly recreation trips, including white water rafting, sailing, and snow shoeing.
- Monthly potlucks and barbeques, which may include volleyball, karaoke, and board games.
- Monthly mentor support groups.
- Sunday night activities for mentees.
- Discounts and free tickets to various events and organizations in Lane County.

## Mission Statement

The Mentorship Program provides consistent and non-judgmental support and guidance for recently incarcerated adults.



*Sponsors, Inc. has provided reentry services to individuals with criminal histories since 1973.*

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## Mentorship Program

Through the process of mentorship, formerly incarcerated men and women will gain support in making positive life choices.



*The Man In The Maze is a symbol derived from the Tohono O'odham people that represents the journey of life and its decisions. In mentorship, it symbolizes the transition from prison to community.*

## Why mentor the formerly incarcerated?

- Over 800,000 people nationally were released from prison in 2010.
- In 2010, approximately 5,000 people were released from prison in Oregon.
- Locally, between 40-50 people a month return from state prison to Lane County.
- Over 50% of those returning to Lane County are homeless.



An overwhelming number of newly released individuals do not have positive role models within their own family or social structure. Many only know one way of life; they would like something different but do not know where or how to begin. A mentor can offer insight, guidance, and support into this new way of life.

## Sponsors, Inc.

Sponsors has been providing re-entry services to recently incarcerated adults in Lane County for more than 35 years. Sponsors philosophy is *based on the belief that people can and do change, and that a strategic intervention at the appropriate moment can serve as a catalyst in that change.*



## Mentorship Program

We carefully match community volunteers with mentees who spend time doing activities such as going for coffee, taking a walk, volunteering with animals, going to the movies, working out, going to church, or attending recovery meetings. Each match decides what they want to do together, and when to meet.

## Who can be a mentor?

- Adults over 21 years old
- Individuals with the ability to make a one year commitment for 4-6 hours per month, meeting with their mentee 3 times a month



## Who is eligible to have a mentor?

- Individuals released from prison within six months, and striving to successfully re-enter into their community.
- Ability to make a minimum three month commitment, for up to one year, meeting with their mentor for 4-6 hours a month, 3 times a month.

**“Be the change you want to see in the world”—Gandhi**